



Turning Gratitude into a Positive Attitude November 28-29, 2020

Gratitude Unlocks These Positive Character Qualities

- **Encouragement**

2 Thessalonians 5:11 (NLT)

So encourage each other and build each other up, just as you are already doing.

- **Generosity**

Acts 20:35 (NLT)

“And I have been a constant example of how you can help those in need by working hard. You should remember the words of the Lord Jesus: ‘It is more blessed to give than to receive.’”

- **Optimism**

Romans 8:28 (NLT)

And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

- **Accountability**

1 Corinthians 9:22 (TPT)

I became “weak” to the weak to win the weak. I have adapted to the culture of every place I’ve gone so that I could more easily win people to Christ.

- **Enthusiasm**

2 Timothy 2:15 (NLT)

Work hard so you can present yourself to God and receive his approval. Be a good worker, one who does not need to be ashamed and who correctly explains the word of truth.

- **Humility**

James 4:6 (NLT)

And he gives grace generously. As the Scriptures say, “God opposes the proud but gives grace to the humble.”

Luke 17:13-18 (NLT)

... crying out, “Jesus, Master, have mercy on us!” He looked at them and said, “Go show yourselves to the priests.” And as they went, they were cleansed of their leprosy. One of them, when he saw that he was healed, came back to Jesus, shouting, “Praise God!” He fell to the ground at Jesus’ feet, thanking him for what he had done. This man was a Samaritan. Jesus asked, “Didn’t I heal ten men? Where are the other nine? Has no one returned to give glory to God except this foreigner?”

Ancient Leper Shaming

- Lepers must tear their clothes
- Close or cover their mouths around people
- Keep their hair messy
- Yell out “unclean” when in public

How to Turn Gratitude into a Positive Attitude

1 **Recognize every good gift in my life comes from God.**

Luke 17:15-16 (NLT)

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James 1:17 (NCV)

Every good action and every perfect gift is from God. These good gifts come down from the creator of the sun, moon, and stars, who does not change like their shifting shadows.

Matthew 7:11 (NLT)

So if you sinful people know how to give good gifts to your children, how much more will your heavenly Father give good gifts to those who ask him.

2 **Remember not to let what I want rob me of what I have.**

“It’s not happy people that are grateful, its grateful people that are happy.”

Philippians 4:11-13 (NLT)

Not that I was ever in need, for I have learned how to be content with whatever I have. I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength.

Ecclesiastes 6:9 (CEV)

It's better to enjoy what we have than to always want something else, because that makes no more sense than chasing the wind.

Proverbs 11:25 (NLT)

The generous will prosper; those who refresh others will themselves be refreshed.

**3 Repay God's gifts of love with my genuine praise.****Psalm 103:1-5 (NLT)**

Let all that I am praise the LORD; with my whole heart, I will praise his holy name. Let all that I am praise the LORD; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. He fills my life with good things. My youth is renewed like the eagle's!

Psalm 63:4-5 (TPT)

Daily I will worship you passionately and with all my heart. My arms will wave to you like banners of praise. I overflow with praise when I come before you, for the anointing of your presence satisfies me like nothing else. You are such a rich banquet of pleasure to my soul.

Exercise:

Imagine losing something or someone you love so much unexpectedly... now imagine you got them back.



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